



Somerset Bridge Primary School  
Aspire - Brave - Care - Collaborate

# EYFS: Personal, social, emotional development

## Key Vocabulary

### Activities

Talk about feelings and opinions

To talk about - Where do I belong? (school, groups eg, Rainbows, ballet, gym, football etc)

Talk about caring friendships.

Learn about how to stay safe whilst learning on a computer, (safety).

Encourage the children to think about their own feelings and those of others by giving explicit examples of how others might feel in particular scenarios.

To learn more about how what we do affects other people.

Give children strategies for staying calm in the face of frustration. Talk them through why we take turns, wait politely, tidy up after ourselves and so on.

### Key Learning

I understand that if I persevere I can tackle challenges.

I can set a goal and work towards it.

I can use kind words to encourage people.

I understand the link between what I learn now and the jobs I might like to do when I am older.

Identify and self-regulate their own feelings socially and emotionally.

I can say how I feel when I achieve a goal and know what it means to feel proud.

Oral hygiene – how to clean your teeth effectively. Which foods to avoid that are high in sugar and cause tooth decay.

Develop their sense of responsibility and membership of a community.

Show more confidence in social situations.

belonging

friendship

esafety

expressing emotions; happy, sad, angry, scared

resilience

kind words

understanding

Self-regulation

cooperating

community

oral hygiene

self-confidence

