



Somerset Bridge Primary School  
Aspire - Brave - Care - Collaborate

## Activities

Talk about feelings and opinions.

Talk about likes and dislikes.

Talk about our families.

Take part in activities which encourage sharing and turn taking.

Help children explore situations from different points of view. Talk together about how others might be feeling. Bring these ideas into children's play.

Talk to children about why it's important to wash their hands carefully and throughout the day, including before they eat and after they've used the toilet.

Give children strategies for staying calm in the face of frustration. Talk them through why we take turns, wait politely, tidy up after ourselves and so on.

# Personal, social, emotional development

## Key Learning

See themselves as a valuable individual.

Build constructive and respectful relationships.

Express their feelings and consider the feelings of others.

Show resilience and perseverance in the face of challenge.

Identify and moderate their own feelings socially and emotionally.

Think about the perspectives of others.

Personal hygiene – how to go to the toilet and wash your hands independently.

Develop their sense of responsibility and membership of a community.

Show more confidence in new social situations.

## Key Vocabulary

positive relationships

good listening

respect

expressing feelings and emotions

resilience

problem solving

understanding

class rules

cooperating

community

good hygiene

self-confidence

