

Somerset  
Council



# Club Activities

Community Inclusion  
and Activity Team

2023/2024

Educate Inspire Create Engage Activities

## **For ALL children and young people in Somerset with a disability or additional needs**

You DO NOT have to be referred to any service to access these activities, unless otherwise stated

This online booklet provides information about inclusive clubs and groups that are running across Somerset

**For all enquiries, please email:** [CIATeam@somerset.gov.uk](mailto:CIATeam@somerset.gov.uk)

### **Somerset Local Offer**

Somerset's SEND Local Offer is a hub of information and guidance for children and young people with special educational needs and/or disabilities, their families, and professionals. Explore services available to support you and how to access them. This includes a calendar which lists events and activities available in your area.

**Find out more at** [www.somerset.gov.uk/Local-offer](http://www.somerset.gov.uk/Local-offer) and [www.facebook.com/LocalOfferSomerset](http://www.facebook.com/LocalOfferSomerset)

#### **Key for activities:**



Family Activity - for all members of the family to attend and enjoy



Child/Young person can attend on their own under group supervision or with parent/carer if additional 1:1 support is required - please call the organisation to have a chat



Child/young person must attend with a parent or carer



Staff provided by the organisation to support the child/young person 1:1 if required - please call the organisation to see what they can provide as this may not include personal care



Some parts of the activity are wheelchair accessible please call the organisation to find out more



Accessible changing facilities are available please call the venue to find out more. WC Only.



Activities aimed at young people/teenagers/young adults

# Nova Sports & Coaching: SuperNova Sports Club

## Every Thursday

During term time starting in September 2023

A multi-sports club for young people with additional needs and their siblings. The club runs two sessions split by age: 7-11yrs and 12-16yrs.

Each week the participants get to play different sports and engage in various activities. In the past these activities have included roller skating, archery, circus skills, football, wheelchair basketball and more!




Frome Youth Centre,  
Vallis Road,  
Frome,  
BA11 3EF





 Yes

 Yes

 Yes

 16:15-17:10 or 17:15-18:15pm

 7-11yrs & 12-16yrs

 £200 annual membership fee per person

 **Jenny Rutter** 07880 743453

 [jenny@novasportsandcoaching.co.uk](mailto:jenny@novasportsandcoaching.co.uk)

**Clubs grant funded**  
by Somerset Council

# Nova Sports and Coaching: Frome Otters Hydro Club

Every Tuesday

During term time

Frome Otter Hydro Club offers warm-water hydrotherapy swim sessions to young people with additional needs. The club provides specialist tuition and family access to the pool.



Harrys Hydro,  
Critchill School,  
Nunney Road,  
Frome, BA11 4LB



Yes



Yes



Yes



16:00-18.15



3-18 year olds



£8 per session paid termly



**Jenny Rutter** 07880 743453



[jenny@novasportsandcoaching.co.uk](mailto:jenny@novasportsandcoaching.co.uk)

**Clubs grant funded**  
by Somerset Council

# Nova Sports and Coaching Inclusive Yeovil Football Club



NOVA  
SPORTS & COACHING

## Every Wednesday

During term time

Fun football sessions for young people with additional needs. Join in with skills, drills and fun matches, with specialist coaches.



Yeovil Recreation Ground,  
Chilton Grove,  
Yeovil,  
BA21 4AW



Yes



Yes



Yes



16:30-17:30



8-16 year olds



£3 per session, paid termly



**Jenny Rutter** 07880 743453



jenny@novasportsandcoaching.co.uk

**Clubs grant funded**  
by Somerset Council

# Community Inclusion & Activity Team Polden Bower Family Drop In Club

## Monthly Saturday Club

9 Sept, 7 Oct, 11 Nov, 9 Dec, 6 Jan, 3 Feb, 2 March,  
20 April, 11 May, 8 June

Saturday drop in family club where children can have fun and make new friends. Activities include arts & crafts, outside play area, indoor games, sensory activities and Lego. Booking is not required.

Parents/Carers must supervise their children.



Polden Bower School,  
Bower Lane,  
Bridgwater,  
TA6 4GU



Yes



Yes



Yes



10:00-13:00



0-18th Birthday



£3 per child - Max charge £6 per family cash only



**Joyce Evans** 07584 175247

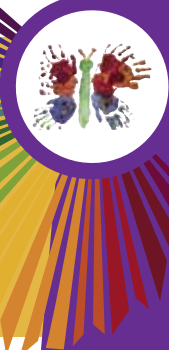
**Billie Porter** 07976 697344



CIATeam@somerset.gov.uk

**Clubs grant funded**

by Somerset Council



# Community Inclusion & Activity Team Mendip Family Drop In Club

## Monthly Saturday Club

16 Sept, 14 Oct, 18 Nov, 9 Dec, 13 Jan, 10 Feb, 9 March,  
27 April, 18 May, 15 June

Saturday drop in family club where children can have fun and make new friends. Activities include arts & crafts, outside play area, indoor games, sensory activities and Lego. Booking is not required.

Parents/Carers must supervise their children.



The Mendip School,  
Edmund Rack Road,  
Prestleigh, Shepton Mallet,  
Somerset, BA4 4FZ



Yes



Yes



Yes



10:00-13:00



0-18th Birthday



£3 per child - Max charge £6 per family cash only



CIATeam@somerset.gov.uk

Ruth Stainton 07973 685592

**Clubs grant funded**

by Somerset Council



# Community Inclusion & Activity Team and The Hub Family Drop in Club

## Monthly club

7 Sept, 5 Oct, 9 Nov, 7 Dec, 4 Jan, 8 Feb, 7 March,  
18 April, 9 May, 6 June, 4 July

Drop in family club where children can have fun, make new friends and enjoy the soft play - please wear socks!

Café is available. Booking is not required.



The Hub Soft Play Centre,  
Hopcott Road,  
Minehead,  
TA24 6DJ



Yes



No



Yes Parents/Carers must supervise their children



16:30-18:30



0-18th Birthday



£2.50 per child, siblings £1, under 1s go free



**Joyce Evans** 07584 175247



CIATeam@somerset.gov.uk

**Clubs grant funded**  
by Somerset Council



# Community Inclusion & Activity Team Teen Club West

## Monthly Club

Booking opens at 9am on the date in brackets.

A chance for teenagers to develop life skills, build friendships and have fun! A different activity each month, including bowling, pizza, virtual reality sessions and more.

- 6 September (Booking opens 14 Aug)
- 4 October (Booking opens 7 Sept)
- 8 November (Booking opens 5 Oct)
- 6 December (Booking opens 9 Nov)
- 3 January (Booking opens 7 Dec)
- 7 February (Booking opens 4 Jan)
- 6 March (Booking opens 8 Feb)
- 17 April (Booking opens 7 Mar)
- 8 May (Booking opens 18 Apr)
- 5 June (Booking opens 9 May)
- 3 July (Booking opens 6 Jun)



Various locations:  
Please contact the  
CIA Team for more  
information



Depends on location



Depends on location



18:00-20:00



13-18th Birthday

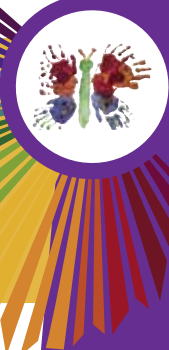


Young person pays for the activity



CIATeam@somerset.gov.uk

**Clubs grant funded**  
by Somerset Council



# Community Inclusion & Activity Team Teen Club East

## Monthly Club

Booking opens at 9am in the date in brackets.

A chance for teenagers to develop life skills, build friendships and have fun! A different activity each month, including bowling, pizza, virtual reality sessions and more.

- 19 September (Booking opens 14 Aug)
- 17 October (Booking opens 20 Sept)
- 21 November (Booking opens 18 Oct)
- 12 December (Booking opens 22 Nov)
- 16 January (Booking opens 13 Dec)
- 20 February (Booking opens 17 Jan)
- 19 March (Booking opens 21 Feb)
- 16 April (Booking opens 20 Mar)
- 21 May (Booking opens 17 Apr)
- 18 June (Booking opens 22 May)
- 16 July (Booking opens 18 Jun)



Various locations:  
Please contact the  
CIA Team for more  
information



Depends on location



Depends on location



18:00-20:00



13-18th Birthday

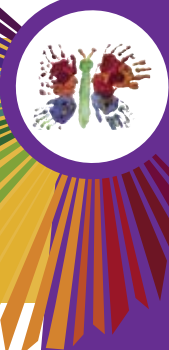


Young person pays for the activity



CIATeam@somerset.gov.uk

**Clubs grant funded**  
by Somerset Council



# Green Goblins Games Club

Every Friday



Tabletop games, including Pokemon & Yu-Gi-Oh Trading Card Games, Board Games and D&D Roleplay Games.

Parents/Carers not actively participating its free.



Riverside Church,  
The Exchange,  
Hamilton Road,  
Taunton TA1 2EQ



Yes



Yes



Young people need to attend with a parent/carer if 1-1 support is required.



Yes



18:00-22:30 weekly



10+ (under 10's may attend with a parent/guardian supervision)



£3 entry. First time free.



**Michael Ford** 07733 066157



michael.ford@outlook.com

**Clubs grant funded**  
by Somerset Council

# Auesome Chard

Auesome Chard  
ESTD 1970

## Monthly

23 Sept, 21 Oct, 18 Nov, 16 Dec

Themed activities, including messy play, cooking, Easter egg hunt, card making, Christmas crafts, soft play, games and more. There is a designated quiet place.

2024 dates to be confirmed (updates available on our Facebook page )



The Chard Young People's Centre  
Essex Close,  
Chard,  
TA20 1RH



Yes



Yes



Yes



10:00-12:00



0-16yrs



£1 per family



**Gary Molloy** 07871 985311



garymolloy@live.co.uk

**Clubs grant funded**  
by Somerset Council

# ADHD Somerset



## Monthly

1-2 activities a month in the Yeovil and Taunton area

A different activity each month, including kayaking, Ham Hill ranger session, bowling, science, cooking, crafts and pumpkin carving, Christmas party, rock steady music, bat walk, parkour, virtual reality and lightsabres.



Yeovil and Taunton Area



Depends on venue



Depends on venue



Activities are for children, but parents/carers are required to attend.



Activities will run for 2 hours. Timings will vary.



4-18th Birthday



Varies between £3 and £12 per child.



[adhdyeovil@gmail.com](mailto:adhdyeovil@gmail.com)



ADHDYeovil



[adhdyeovil@gmail.com](mailto:adhdyeovil@gmail.com)

**Clubs grant funded**  
by Somerset Council

# Somerset Parent and Carer Forum



## Across the school year

1 activity per half term

Various activities for families, countywide, including bowling, ranger outdoor session, soft play, swimming, forest session, family cooking and outdoor activities.



Yeovil, Frome, Taunton, Cheddar,  
Ilminster, Minehead area.



Depends on venue



Depends on venue



YES



Depends on activity. Please enquire



4-18th Birthday



£4-£8 depending on activity



**Natalie Bobbett** 01458 259384



admin@somersetparentcarerforum.org.uk

**Clubs grant funded**  
by Somerset Council

# Frome Falcons Powerchair Football Club

Every fortnight

Saturdays during term time. Matches are held on weekends

Powerchair football involves players using a joystick to manoeuvre an electric sports wheelchair with big bumpers attached to the front. They play 4 v 4 on a pitch the size of a basketball court, with a ball that is double the size of a regular football. They pass, shoot and score goals just like mainstream football!

Training is split into 3 groups to cater for all abilities.



Frome Sport and Fitness  
Princess Anne Rd,  
Frome BA11 2SA



YES



YES



YES



9:30-11:00, 11:15-12:15, 12.30-13:15



5yrs +



Membership is £120 per season (approx £5 per session). Discount for siblings.



**Jenny Rutter** 07880 743453



jenny@novasportsandcoaching.co.uk

**Other Clubs**  
Available in Somerset

# Somerset Cricket Foundation



## Weekly

During term time

Super 1s Cricket improves the physical and mental well-being of young people with disabilities, giving them a sense of belonging as they make friends and gain skills for life such as confidence and independence.



Various locations:

- Robert Blake Sports Centre, Bridgwater TA6 6AW
- Hayesfield Girls School, Bath BA2 BLA
- Haygrove Leisure Centre, Bristol BS14 0DE
- Bridgwater & Taunton College, Taunton TA1 5AX
- Weston College, Loxton Campus BS23 4QU
- Westfield Academy Sports Centre BA21 3EP
- Millfield School, Street BA16 0YD



Yes



Yes



Young people need to attend with a parent/carer if 1-1 support is required.



Various Times see website



12-25 year olds



Free



**Steve Gass** 01823 352266



Steve.gass@somersetcricketfoundation.org



[somersetcricketfoundation.org/disability/super-1s/](https://somersetcricketfoundation.org/disability/super-1s/)

**Other Clubs**  
Available in Somerset



# Ocean Adventurers Cheddar



## Friday

Third Friday of every month

Ocean Adventurers offers a depth of play and discovery which children will love diving into and exploring! With different environments that cater for all ages.

We also have a mini village with vets, doctors, cafe, supermarket, salon, nursery, building site and puppet theatre! Along with a trailblazer climbing wall and a combat duo wall to test your reactions against friends.



Ocean Adventurers  
Unit 11,  
Cheddar Business Park,  
Cheddar, BS27 3EB



Yes



Yes



Yes



17:00-19:00 (check website for any changes)



All age categories



£8.95 per child (includes 2 x parents/carers)



**01935 384157**



hello@oceanadventurers.co.uk



oceanadventurers.com/

**Other Clubs**  
Available in Somerset

# Somerset Parent Carer Forum

## Every Monday

Various Dates

The Chill & Chat Groups are open to all parent carers with children 0 to 25yrs. The groups are a place to make new friends and share experiences and ask any questions they may have. The Groups are free to attend and the first hot drink is on us.

11 September

9 October

13 November

11 December



The Hub Soft Play Centre,  
Hopcott Road,  
Minehead  
TA24 6DJ



Yes



Yes



Yes



11:00-13:00



0 to 25yrs



FREE



**01458 259384 or 07543 680365**



[admin@somersetparentcarerforum.org.uk](mailto:admin@somersetparentcarerforum.org.uk)



[www.somersetparentcarerforum.org.uk](http://www.somersetparentcarerforum.org.uk)

**Other Clubs**  
Available in Somerset

# Somerset Parent Carer Forum

## Every Tuesday

Various Dates

The Chill & Chat Groups are open to all parent carers with children 0 to 25yrs. The groups are a place to make new friends and share experiences and ask any questions they may have. The Groups are free to attend and the first hot drink is on us.

19 September

21 November

16 January



Somerset Parent carer  
forum office,  
Unit 2, 32 Goldcroft,  
Yeovil BA21 4DH



Yes



Yes



Yes



10:00-12:00



0 to 25yrs



FREE



**01458 259384 or 07543 680365**



[admin@somersetparentcarerforum.org.uk](mailto:admin@somersetparentcarerforum.org.uk)



[www.somersetparentcarerforum.org.uk](http://www.somersetparentcarerforum.org.uk)

**Other Clubs**  
Available in Somerset

# Somerset Parent Carer Forum

Every Wednesday

Various Dates

The Chill & Chat Groups are open to all parent carers with children 0 to 25yrs. The groups are a place to make new friends and share experiences and ask any questions they may have. The Groups are free to attend and the first hot drink is on us.

27 September

18 October

29 November



The Highwayman Inn,  
Cannard's Grave Rd,  
Shepton Mallet,  
BA4 4LY



Yes



Yes



Yes



10:00-12:00



0 to 25yrs



FREE



**01458 259384 or 07543 680365**



[admin@somersetparentcarerforum.org.uk](mailto:admin@somersetparentcarerforum.org.uk)



[www.somersetparentcarerforum.org.uk](http://www.somersetparentcarerforum.org.uk)

**Other Clubs**  
Available in Somerset

# Somerset Parent Carer Forum

## Every Thursday

Various Dates

The Chill & Chat Groups are open to all parent carers with children 0 to 25yrs. The groups are a place to make new friends and share experiences and ask any questions they may have. The Groups are free to attend and the first hot drink is on us.

14 September

12 October

9 November

14 December



The Albemarle Centre,  
Albemarle Road,  
Taunton  
TA1 1BA



Yes



Yes



Yes



10:00-12:00



0 to 25yrs



FREE



**01458 259384 or 07543 680365**



[admin@somersetparentcarerforum.org.uk](mailto:admin@somersetparentcarerforum.org.uk)



[www.somersetparentcarerforum.org.uk](http://www.somersetparentcarerforum.org.uk)

**Other Clubs**  
Available in Somerset

# Somerset Parent Carer Forum

## Every Thursday

Various Dates

The Chill & Chat Groups are open to all parent carers with children 0 to 25yrs. The groups are a place to make new friends and share experiences and ask any questions they may have. The Groups are free to attend and the first hot drink is on us.

7 September

5 October

2 November

7 December



Fosso Lounge,  
41 High Street,  
Wells,  
BA5 2AE



Yes



Yes



Yes



19:30-21:30



0 to 25yrs



FREE



**01458 259384 or 07543 680365**



[admin@somersetparentcarerforum.org.uk](mailto:admin@somersetparentcarerforum.org.uk)



[www.somersetparentcarerforum.org.uk](http://www.somersetparentcarerforum.org.uk)

**Other Clubs**  
Available in Somerset

# Somerset Parent Carer Forum

## Every Friday

Various Dates

The Chill & Chat Groups are open to all parent carers with children 0 to 25yrs. The groups are a place to make new friends and share experiences and ask any questions they may have. The Groups are free to attend and the first hot drink is on us.

15 September

20 October

17 November

15 December



Brewers Fayre,  
Morland Road,  
Glastonbury,  
BA6 9FW



Yes



Yes



Yes



10:00-12:00



0 to 25yrs



FREE



**01458 259384 or 07543 680365**



[admin@somersetparentcarerforum.org.uk](mailto:admin@somersetparentcarerforum.org.uk)



[www.somersetparentcarerforum.org.uk](http://www.somersetparentcarerforum.org.uk)

**Other Clubs**  
Available in Somerset