



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

Batting shots in Cricket

Front foot drive – is usually played to a full length delivery on or outside off stump. The front foot moves towards the ball, the bat comes through straight towards the ball and the head stays as still as possible and watches the ball.



Forward defensive – is usually played to a straight good length ball. The front foot moves towards the ball, the bat comes through straight to block the ball from hitting the stumps with the bat angled down, contact with the ball should be made beneath the eye line.



Pull Shot- Is usually played to a short pitched ball. The batters body weight is transferred to the back foot, the bat is swung from high to low towards the leg side to keep the ball along the floor and the head is kept as still as possible throughout.



PE Summer: Year 6 Striking & Fielding

Key Skills

To be able to identify the key aspects of a warm up.

To be able to identify and explain the rules of Cricket and Rounders.

To identify the parts of their performance that needs improving tactically and technically.

To be able to use my knowledge of Cricket and Rounders to develop strategies and tactics to benefit my team and maximise our runs scored.

To play small sided games using the correct technique to bowl, throw and bat during the game.

Equipment

Wickets
Stumps and bails
Posts
Cricket balls
Rounders balls
Bats
Rebound net



Key Vocabulary

Front foot drive	A front foot shot played to try and score runs in cricket.	✓
Defensive shot	A shot played to a good ball in order to stop the ball from hitting the wickets.	
Spin bowler	A type of bowler in Cricket who bowls the ball and makes it change direction once the ball hits the floor.	
Fast bowler	A type of bowler who bowls the ball quickly (85-95mph).	
Swing bowler	A type of bowler who can move the ball in mid-air to change direction.	
Pull shot	Is a cross batted shot played to a short ball that is hit to the leg side.	

Tactics & Strategy

To be successful in both Rounders & Cricket, you need to develop your tactics and strategy!

Tactics:

Tactics are the actions you perform to achieve a goal, e.g. backstop throwing the ball straight back to the bowler to reduce the risk of overthrowing to first base.

Strategy:

Long term plan or approach to achieve a goal, e.g. to stop batters scoring from a non-hit.