



Somerset Bridge Primary School  
Aspire - Brave - Care - Collaborate

## Attack and Defend

### An attacker can:

- dodge the defender;
- Pass to a supporting player;
- Look for and run into space.



### A defender can:

- mark players;
- Defend the space;
- Work together as a team to mark the players and the space.

## Tactical Decisions

### Attacking Tactical Decision:

An attacker is running towards the try line with the ball but there is a defender coming towards them. Do they try to dodge the defender **or** look to pass the ball to a teammate?

### Defending Tactical Decision:

Two attackers, one with the ball, are running towards a defender. Does the defender position themselves between the two players and try to make an interception **or** try to tag the player with the ball?

# PE: Tag Rugby Autumn 1: Year 6

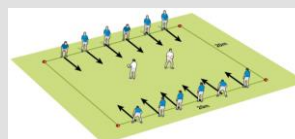
## Key Skills

- Combine basic tag rugby skills such as catching and quickly passing in one movement
- Use appropriate skills in game situations
- Increase the power of passes so the ball can be moved quickly over greater distance
- Use a range of strategies and tactics to attack and defend
- Perform more complex skills at greater speed
- Observe and recognise good individual and team performances

## Warm Up Game

### Sharks & fishes:

1. The sharks aim to touch the fish with the ball, while keeping it in both hands.
2. On the whistle, the fish aim to reach the other side without being touched by a shark.
3. If caught, a fish swaps with a shark, taking hold of the ball.



## Key Vocabulary & Knowledge

Offside	Attacking players must remain behind the ball when it is active.	✓
Start	The game is started with a free pass from the middle of the pitch.	
Teams	Each team must have an equal number of players. The team must be between 5 & 8 players.	
Contact	The game is NO CONTACT! If any player obstructs or makes a deliberate contact with an opponent, then a free pass is awarded.	
In play	If the ball goes out of play, a free pass is awarded to the opponents of the team who touched it last.	
Tactical decision	Choosing and performing an action, based on the situation you are presented with, to help you reach your end goal.	

## Types of rugby

There are two codes of rugby – Union and League.

Rugby Union is played with 15 players whereas in League, there are only 13.

In League, you only get 6 tackles to try and score but in Union, there is no limit to how long each team have the ball.

Union = 5 points for a try  
– League = 4 points

## History of Rugby

According to legend, rugby began at Rugby School in England in 1823.

During a football game, a student named William Webb Ellis picked up the ball with his hands and ran with it. This went against the rules of football, which ban the use of hands. But it led to the creation of rugby.