

## **PSHE: Relationships** Year 5: Summer 1

## **Key Vocabulary** Self esteem The confidence you have in your own worth Age-limit An age you have to be to do something Social network Websites and Apps used to communicate Consequences The result of your decisions and choices Grooming When someone builds a relationship with someone to manipulate them **Trolled** To leave insulting messages on the internet or devices Mental health The way you think and feel about yourself

## **Key Topics**



I know my characteristics and personal qualities



consequences of online communities **I** understand

responsibilities

when online

Positive and

negative

my



I have rights and responsibilities when gaming online



I should have limits to screen time



Recognising me





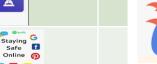


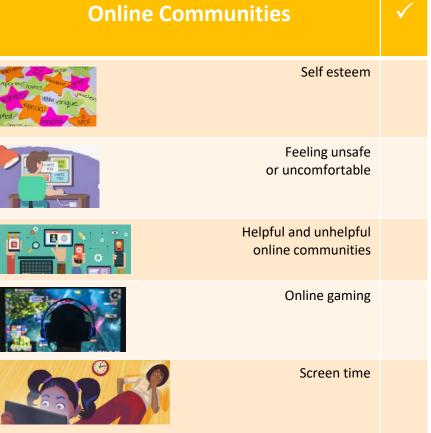












Being in an online community

Online gaming

Recognising online

pressures

My relationship with technology

Personal

information

**Vulnerable** 

Relationships and technology

unprotected

live

Information which

identifies who you

are and where you

Being weak and