



Fielding

Fielding in both cricket and rounders is an important part of the game.

Here some important skills you will need to learn to be successful at **fielding**:

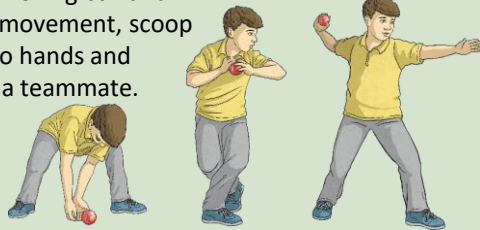
Long-barrier stop

This is used to stop a rolling ball. Get low to the ground, with your body side-on to the ball, with one knee touching the heel of your opposite foot.



Two-handed pick-up & throw

Run towards the rolling ball and in one continuous movement, scoop up the ball in two hands and throw it back to a teammate.



PE Summer: Year 5 Striking & Fielding

Key Skills

To be able to identify the key aspects of a warm up.

To bowl a ball with increasing accuracy to a partner.

To hit a moving ball accurately into space using Cricket and Rounders bats.

To use basic principles of batting and fielding when playing a game.

To develop fielding skills of retrieving stopping and throwing a ball.

To evaluate my own and others performance.

Equipment

Wickets
Stumps and bails
Posts
Cricket balls
Rounders balls
Bats
Rebound net



Fielding Positions in Cricket

Offside

Is a part of the field in cricket. For a Right handed batter it is the right hand side of the field.

Legside

Is a part of the field in cricket. For a Right handed batter it is the left hand side of the field.

Square Leg

Is a position on the leg side, square leg is directly opposite the wickets from the side.

Point

Is a position on the offside where the fielder is stood directly in line with the batters stumps from the side.

Mid off/ mid on

Is a position where the fielder is stood behind the bowlers wickets. Mid off is on the offside and mid on is on the legside.

Scoring in Rounders

1 point for reaching 2nd base.

3 points for reaching 4th base

In competitions, 1 point is given to the fielding team if the batter is caught or run out.