



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

RE – Y5 - Hinduism

Key belief - Dharma ✓



Dharma means 'duty' and is a central part of daily life



Right living



Respecting life



Honouring the natural world

Hinduism ✓

Hinduism is a Western term for people who lived in Northern India and shared ancient teachings.

It is a religion that has brought together lots of traditions.

Hindus believe there are right and wrong ways to behave and so they must behave correctly.

According to **dharma**, it is best to do the right thing at all times.

Hindus believe that they should pursue knowledge and understanding of the truth.

Reincarnation

Hindus believe that all living things have a soul (atma) which cannot be destroyed. When living beings die, the soul enters a new living being.



Key Vocabulary ✓

Holika	The sister of Hiranyakashipu.
Prahlad	The son of Hiranyakashipu.
karma	The Hindu word for action which means everything we do has consequences.
Shiva	A special form of God.
Ganges	A holy river.
Namaste	A respectful greeting.
Reincarnation	To come back to life.
Sacred	Something special for religious reasons.
Dharma	Duty to behave in the right way.



Holi

Holi marks the arrival of Spring and end of Winter.

It also celebrates the legend of Holika and Prahlad.

Hiranyakashipu was an evil King who punished people that disobeyed him.

His son Prahlad worshiped Vishnu instead.

His father then planned to kill Prahlad.

The King asked his sister Holika to help. She had a special cloak to protect Prahlad.

Prahlad was safe and Vishnu defeated the King.