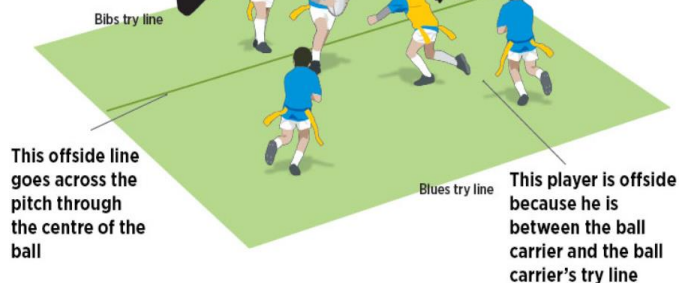




Offside Rule

Offside only occurs immediately at the tag where the offside line is through the centre of the ball. When a tag is made, all players from the tagger's team must attempt to retire towards their own goal line until they are behind the ball.

This player is onside because he is between the ball carrier and his own try line



This offside line goes across the pitch through the centre of the ball

This player is offside because he is between the ball carrier and the ball carrier's try line

PE: Tag Rugby Autumn 1: Year 5

Key skills

Combine basic tag rugby skills such as catching and quickly passing in one movement

Use appropriate skills in game situations

Increase the power of passes so the ball can be moved quickly over greater distance

More Tag Rugby Rules

There should be no:

- Kicking of the ball;
- Diving onto the ball to score a try or to pick up a dropped ball;
- Pulling or knocking the ball out of the ball carrier's hands;
- Spinning or jumping to avoid being tagged;
- Hiding of tags – they must be visible and not tucked into shorts;
- Missing tags – a player must have both their tags on to participate in the game;
- Throwing tags on the floor by defenders when taken from the ball carrier;
- Contact between players including shirt pulling or barging the ball carrier.



Key Vocabulary & Knowledge

Offside	Attacking players must remain behind the ball when it is active.	✓
Start	The game is started with a free pass from the middle of the pitch.	
Teams	Each team must have an equal number of players. The team must be between 5 & 8 players.	
Contact	The game is NO CONTACT! If any player obstructs or makes a deliberate contact with an opponent, then a free pass is awarded.	
In play	If the ball goes out of play, a free pass is awarded to the opponents of the team who touched it last.	

Types of rugby

There are two codes of rugby – Union and League.

Rugby Union is played with 15 players whereas in League, there are only 13.

In League, you only get 6 tackles to try and score but in Union, there is no limit to how long each team have the ball.

Union = 5 points for a try
– League = 4 points

History of Rugby

According to legend, rugby began at Rugby School in England in 1823.

During a football game, a student named William Webb Ellis picked up the ball with his hands and ran with it. This went against the rules of football, which ban the use of hands. But it led to the creation of rugby.