



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

Music – Year 4

Spring Term

Singing Tips!

Warm up! Yawn before singing.

It sounds strange but it's important. Yawning helps the Adam's apple to lower and relaxes the muscles around the neck. This will also help you to develop a good breathing technique, access your head voice and control your pitch.

Running out of air? Practice breathing.

Breathe! Use more air and energy to sing, not just volume. You need to learn how to breathe properly when singing. Do some breathing exercises to understand how to regulate breath while you sing. E.g. Breathe in through the nose and out through the mouth, hold your breath for as long as you can, and exhale slowly and carefully (as if blowing through a straw).

Not singing in tune? Too quiet?

Listen to the others singing with you. Make your voice float naturally and don't strain! Stand with good posture and hold your head up. Breathe! Open your mouth in a O shape to create a better sound. Finally, practise!

You will learn to:

Prepare your body for singing by warming up.

Develop your singing skills through learning more about how to produce a good sound and practise.

Sing new songs learned by heart.

Sing **solo** or in **unison**.

Prepare for a performance with **rehearsals**.

Perform to a familiar and unfamiliar audience.

Record and reflect on your performance(s).

Spring Term Focus

Singing and Performing

This term you will be improving your singing and focusing on working toward a performance in front of a live audience.

Key Vocabulary

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pitch	different high and low sounds in music	
dynamics	loud and quiet sounds	
tempo	Italian word: fast or slow music	
texture	layers of sound in music	
structure	how the sections of a song are ordered	
solo	Italian word: to sing/play/perform alone	
unison	sing as part of an ensemble (group)	
rehearse	practise for a performance	
reflect	evaluate your performance honestly	

When you are performing, remember the audience is excited to see you. They want you to do well. So be brave, remember what you have practised, hold your head up high ... and smile! 😊