



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

PSHE: Dreams and Goals

Year 4

Key Topics ✓

There are things I hope and dream for	
Sometimes hopes and dreams don't come true	
I can cope with disappointment and help my friends too	
I can make new goals after being disappointed	
I can work as part of a team	
I can achieve goals as part of a group	

Hopes, Dreams and Disappointment ✓

	Times tables
	Sports
	Swimming
	Going on holiday
	Getting a new pet
	Social media

Key Vocabulary		✓
Perseverance	Never giving up	
Dreams	Something you want to achieve	
Determination	Your drive to achieve your goal	
Perseverance	Not giving up when facing a challenge	
Resilience	Not giving in when things don't go right	
Disappointment	How you may feel when your plans don't work out	
Cope	Being able to deal with things not going as planned	
Help	Asking for support or giving support to reach goals	
Positive experiences	Doing something by yourself or in a team which makes you feel happy and proud	

Hopes and dreams

Broken dreams

Overcoming disappointment

Creating new dreams

Achieving goals

We did it!

