



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

PE: Year 3

Netball & Basketball

Aims of the Game

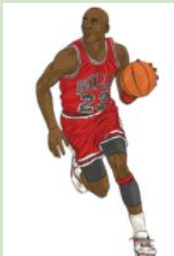
Netball

Netball is a ball sport that is played by two teams. Each team has seven players on court at one time. **Netball** is an invasion game that focuses on teamwork, passing and shooting. **Netball** is a non-contact sport, which means you cannot come into contact with another player. It is played with a netball on a rectangular court, which is divided into thirds with a goal at each end.



Basketball

Basketball is an invasion game played on a rectangular court between two teams of five players. The main aim is to shoot a basketball through the defender's hoop while preventing the opposing team from shooting through your hoop.



Key Skills

Identify different ways to send and receive a netball and basketball.

Start to show control when dribbling and receiving a ball using my hands.

Start to identify good positions to receive the ball.

Start to play modified small-sided games of netball and basketball.

Equipment

Basketballs
Mini-basketball
Netballs
Cones
Hoops
Netball/basketball posts



Scoring in Basketball

A goal is worth two points.

If a basket is scored from behind the three point line, three points are awarded.

Scoring in Netball

In open play, if a shot is successfully scored from inside the goal circle, the team gets one point

If the team is awarded a foul then they receive a free shot at the net. If successful, one point is awarded.



Key Vocabulary		✓
Attack	To try and score a point in the opponents area.	
Defend	To protect your goal area and stop the other team from scoring.	
Pass	Chest, bounce or shoulder pass. Which is best for the task?	
Pass & Move	Once you have passed the ball to a teammate move into space to receive it again.	