



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

PSHE: Changing Me

Year 2: Summer 2

Key Vocabulary		✓
Control	Having power to influence things or people	
Respect	Caring about someone's feelings and well-being	
Physical Appearance	How you look	
Independent	Being able to do things without help	
Responsibilities	Being dependable and making good choices	
Touch	To feel something with your fingers	
Acceptable	Giving your permission and being happy about something that is happening	
Unacceptable	Not giving your permission for something to happen	
Uncomfortable	Not feeling happy or sure about something that is happening	

Key Topics ✓

I know I can't control some changes which happen		
I know how people change as they get older		
I know how my body has changed		
I understand and can name physical changes in boys and girls		
I know there are different types of touch		
What am I looking forward to next Year?		

Changes in my Life ✓

	Life Cycles	
	Identifying older people you respect	
	Having more independence	
	Boys and girls	
	Appropriate touch	
	Moving to Year 3	

Lifecycles in Nature

Growing from Young to Old

The Changing Me

Boys' and Girls' Bodies

Assertiveness

Looking Ahead