



Somerset Bridge Primary School  
Aspire - Brave - Care - Collaborate

# Design and Technology

## Year 2

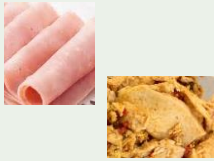
### Sandwich Ingredients



A variety of bread: sliced, rolls, baguette.



Meats: ham, chicken, beef, pork



Cheese: sliced and grated



Fish: tuna



Salad: lettuce, tomato, cucumber



### Working Safely



It is important an adult is there to help you.

Use a chopping board when chopping ingredients.

Use the correct knife: butter knife, bread knife.

Keep knives clean.

Never wave a knife in the air.

Always hold the knife in the hand you write with.

### Bread

Bread is made from:

Yeast

Flour

Water

Salt

Sugar



### Key Vocabulary



**Sandwich** A sandwich is two pieces of bread which you can add a filling to.

**Healthy** Foods that are good for you.

**Ingredients** The list of foods you need to make a sandwich.

**Bread** A food made of flour, water and yeast.

**Butter margarine, spread** A spread made out of milk.

**Ham** A meat sandwich filling made from a pig.

**Cheese** A sandwich filling made out of milk.

**Tuna** A sandwich filling made out of a fish.

**Egg** A product from a chicken.

**Lettuce** Leaves from a plant used for salad fillings.

**Tomato** A red fruit.

**Cucumber** A long, green fruit.

