



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

The Sign of the Cross

The "Sign of the Cross" is used by ministers to confer the blessing of the Trinity, and it is also used personally by some denominations such as Roman Catholics, to bless themselves.

The Sign of The Cross



1. With your right hand, touch your forehead and pray, "In the name of The Father."



2. Touch the center of your chest and pray, "and of The Son."



3. Touch your left shoulder and pray, "and of The Holy..."



4. Touch your right shoulder and pray, "Spirit, Amen."

Religion & Worldviews

Year 5: Autumn 2

Does belief in the Trinity help Christians make better sense of God as a whole?

The Holy Trinity

The Trinity is the complete relationship between God (the Father), Jesus (his son) and the Holy Spirit.

This is called a "mystery" as well as a belief because it is not easily understood by humans that 3 "persons" can be 1 person. Christians believe that although there are three persons within the Trinity, there is only one God who is all 3 persons.

There are not 3 Gods co-existing together to appear in different ways, but one God and only one God.

One God, three forms



Father
Son
Holy Spirit

Key Vocabulary

Trinity	The complete relationship between God (the Father), Jesus (his son) and the Holy Spirit.
Monotheism	Belief in one God only.
Creed	A statement of belief usually recited by believers during services in a church.
Incarnation	God becoming man.
Gifts of the Spirit	Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord.

Does it help me to understand that other people may have other aspects to their personality or nature that I might not see? Would I understand that person better if I knew these aspects?