



Somerset Bridge Primary School
Aspire - Brave - Care - Collaborate

Somerset Bridge Primary School
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Headteacher: Mr Kevin Bryant

Thursday 3rd April 2025

Dear Parent/Carer,

As part of our Curriculum, children in all classes follow a scheme of work in Relationships and Sex Education (RSE.) In order to support this work, the school follows the Jigsaw scheme of learning which is a resource to help with the delivery of these lessons. The lessons will be delivered over the Summer Term through the units 'Relationships' and 'Changing me.' The individual knowledge organisers can be found on the school website.
<https://www.somersetbridge.co.uk/curriculum-knowledge-organisers/>

You have the right to withdraw your child from elements of the RSE curriculum but not any part of it which is under the relationships section or anything which is also a part of the science curriculum. We would ask that you discuss this with your child's teacher if you are considering requesting your child to be withdrawn from any element of the RSE curriculum. We would also ask that any request is made in writing.

These lessons will be taught by the class teacher throughout the Summer Term.

Relationships:

- 1-What is mental health?
- 2-My mental health
- 3-Love and Loss
- 4-Power and Control
- 5-Being online: real or fake? Safe or unsafe?
- 6-Using technology responsibly

Changing Me:

- 1-My Self Image
- 2-Puberty
- 3-Babies-Conception to Birth
- 4-Boyfriends and Girlfriends
- 5-Real self and Ideal self
- 6-The Year Ahead

This work forms part of the Science and Personal, Social and Health Education programme. If you have any questions about this, please see your child's class teacher.

Yours faithfully,

Mrs Winchester and Mrs Argrave
Year 6 Teachers