



Somerset Bridge Primary School  
Aspire - Brave - Care - Collaborate

# PSHE: Changing Me

## Year 4: Summer 2

### Key Vocabulary



Personal	Something that belongs to an individual	
Unique	Being the only one of its type, being different	
Characteristics	A special quality or appearance of an individual	
Penis	The male sexual organ which is also used for urinating	
Vagina	The passageway inside a female leading to the uterus	
Sexual intercourse	How a man's sperm and ladies ovum can meet and join together	
Fertilise	When the sperm enters the ovum	
Conception	The process of becoming pregnant	
Menstruation	The time when a female has her period	

### Key Topics



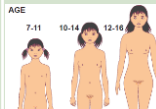
I understand some of my characteristics come from my birth parents



I know the parts of the body needed to make a baby



Know how females' bodies change



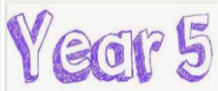
To know that changes happen in our lives



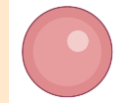
Know that some changes are out of our control



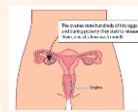
What am I looking forward to next year?



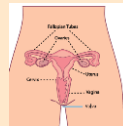
### Puberty



Babies are made from the joining of a sperm and an egg



Internal and external body parts



Emotional and physical changes



Being confident to make changes to benefit your life



Managing fears and concerns about changes



What am I looking forward to about my new class and what changes will I make?

Unique Me

Having a Baby

Girls and Puberty

Circles of Change

Accepting Change

Looking Ahead