

NOT JUST GREAT TASTING FOOD!

The food children eat at school plays an important role in their wellbeing and eating a well-balanced diet will not only maintain and improve their health but will also set them on the right track for later life. We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.



SPECIAL DIETS AND FOOD ALLERGENS

Don't think that your child can't enjoy our great food if they have a special diet - this is an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Aspens already caters for lots of children with allergies, we have robust food safety procedures and our staff has regular allergen and food safety training. It is still important that parents talk to us so we can work together and continue to provide meals that are safe for their child to eat.



For more information and to check if your child can get free school meals, even after year 2, please visit this website - www.gov.uk/apply-free-school-meals or scan the QR code on the left.

If eligible, not only will you be saving money, but you will also be giving your child a nutritionally balanced meal to fuel their bodies for the rest of their learning day.

A graphic with a blue background. At the top right is a white rocket ship pointing upwards. To the left of the rocket are several educational icons: 'ABC', a microscope, an apple, a book, a graduation cap, a DNA helix, and a test tube. The main text reads 'HELP YOUR KIDS SOAR WITH A FREE SCHOOL MEAL!' in large, bold, white letters. Below this, in smaller white text, it says 'Available to EVERY Primary school child in London.' There are also some math problems: '2+2=4' and '2+2=4'. At the bottom, there are three blue speech bubbles with white text: 'Ask at the office to find out more!', 'Save money, Save time, Save hassle.', and 'Don't let your child miss out!'. A small blue starburst at the bottom left says 'Fuel your child with energy!'.



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